



**WARRIOR**  
**LIFE**  
**PODCAST**

**Episode #333 Show Notes**

**How Warrior Life Made Me A Better  
Prepper, Protector, & Survivor**

## BUCK GREENE

[WWW.WARRIORLIFE.COM](http://WWW.WARRIORLIFE.COM)

For many years Buck Greene has worked for *Warrior Life* Executive Director Jeff Anderson as a contributor to the ISCQC, then Modern Combat & Survival, then the lifestyle brand **Warrior Life**. He became a survivalist back in the 1980s. Over the years he has interviewed countless experts on self-defense, survival, and tactical training, while contributing to various print publications under a series of pseudonyms. For Buck, *Warrior Life* and its previous incarnations will always be his first, truest devotion in the fields of preparation, training, and survival. To learn more about *Warrior Life* and the way of life it promotes, [visit us online](#).

# How Warrior Life Made Me A Better Prepper, Protector, & Survivor

with Buck Greene from <https://www.WarriorLife.com/>

## 1. Podcast Interviews

Warrior Life's podcast interviews, many of which I've conducted myself, brought me a huge variety of expertise in survival, self-defense, weapons, and more.

- The podcast serves as a kind of “weekly check-in,” reminding you of the warrior lifestyle and keeping you up-to-date on the latest news and developments.
- During the pandemic's opening months we did weekly updates on what was happening, for example, and Warrior Life's published materials on the pandemic

## 2. YouTube Channel

Jeff's no-nonsense approach to videos on Warrior Life's YouTube channel really changed how I look at self-defense.

- I used to be a traditional “martial arts guy.” Jeff's approach to more practical self-defense helped me break out of that. I still train in martial arts and self-defense techniques, but the mindset is a very different and more practical one.
- This approach is always controversial and I get a kick out of some of the angry comments we get. You should scroll through our YouTube channel sometime and get a feel for some of that yourself.

## 3. Social Media Interaction

Warrior Life is, at its core, a community. Our blog, our blog comments, and our social media channels (like our Facebook page and Facebook group) really helped me to get to

know a wider community of like-minded preppers, protectors, and survivors.

- We learn all the time from our contributors. You can offer your best tips and tricks on our blog or Facebook page and learn from others too.
- The future is all about networking. I know there's been a lot of controversy about the best places to do this. Warrior Life will stay up on the latest and do our best to keep you all connected.

## 4. Gear

Before I started working for Warrior Life I had a lot of gear I had never tested.

- Our no-nonsense approach to gear reviews really taught me what to look for.
- I used to be very susceptible to advertising hype; now I look for how a product performs versus what it is supposed to do.
- One of the most famous examples, a story we've told before on Warrior Life, is that I had a folding entrenching tool, a shovel that wouldn't “shove,” and it let me down when I needed it most.
- With Warrior Life behind you, you'll never have to worry about that. Give us your best gear recommendations; we want to hear them!

## 5. Ongoing Training

The ongoing training provided by Warrior Life, our educational products, training opportunities, etc., will set you up to be better off in all aspects of preparing, training, & surviving.

**NOTE:** *This is an automatically generated transcript produced by our podcast platform. Much like automated captions, there are bound to be some oddities when the robot doing the transcribing didn't understand. We hope you find it helpful anyway.*

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