



## Pandemic Prepping Update #5

with Jeff Anderson for [www.ModernCombatAndSurvival.com](http://www.ModernCombatAndSurvival.com)

### Bad Things Happen To Good People

This is a fundamental tenet of survival.

- Preppers have been vindicated.
- Most people were NOT prepared.
- We should have been better prepared for this. People were not, and are not, ready.

### We Are Experiencing An Evolution

As an American, I'm proud of how we've fought to get through this. It's who we are. We never quit, and our people pull together.

- There will be positive outcomes of this.
- People want things to go back to normal.
- The actions we take to feel normal might put us in more danger, however.

### We're Learning Things Every Day

What happened, and what do we do next?

- We are seeing different phases of the pandemic, unprecedented for most of us.
- This is a "mini-post-apocalyptic" world.
- Wearing masks in public could become the new normal.
- Learn from the pandemic in order to be prepared for the future.

### People Realized Quickly What They Were Missing

Survival food and gear sold out in record time.

- What do you have stored already?
- What did you learn that you needed?
- Do you have the supplies you need to support your immune system in a pandemic?
- Open-air markets are less of a threat than enclosed ones.

- Having a garden makes a HUGE difference.
- Practice your bartering skills.

### People Will Come To You For Help

In a crisis, family and friends will reach out to you... because they want you to help them.

- How often do you talk about your preps?
- Do the people you know have an idea of what you have stockpiled?

### Use The "Cooties" System For Pandemics

This will help you visualize the "order of operations" to avoid cross-contamination.

### This Is A Constitutional Challenge

The politicians have more information than we do. They think they're playing chess while we're playing checkers. The **board** is what wins.

- Political corruption, lack of oversight, and voter suppression will get worse.
- The public health angle of the pandemic has really put to the test our notions of "causing harm to others."
- It is up to us, "we the people," to vote and demonstrate.
- Our budget deficit presents the looming threat of economic collapse.

### Our Power Is In How We Protect Ourselves

All we can do is the best we can at the time.

- Take the opportunity to build your plan.
- Work with your family toward the future.

*Prepare. Train. Survive.*