



Why Appendix Carry Rules The Street

with Jeff Anderson for www.ModernCombatAndSurvival.com

1. Appendix Carry Is Most Concealable

Inside the waistband (IWB) appendix carry offers a great compromise between accessibility and concealability.

- IWB hip carry, by contrast tends to get exposed too easily when bending/moving.
- You'll see this very often in parking lots, such as when loading groceries or merchandise, and attacks do happen there.

2. You Can Carry A Bigger Gun

Because you can conceal it more easily, you can hide a bigger gun better compared to carrying on the hip.

- For legal reasons, your gun **MUST** be concealed in most municipalities.
- A bigger gun tends to have more rounds.

3. Simple Math: A Straight Line

The shortest distance between two points is a straight line, and your hands are usually in front of you (even at close quarters).

- This makes the appendix draw faster.
- Reaching behind you means you have to clear more garment to draw from hip carry.

4. The Element of Surprise

Appendix carry decreases the time your attacker has to identify/react to your draw. Reaching for your hip telegraphs your draw.

5. Retention Advantage

Some people believe appendix carry is **WORSE** for retention.

- It's unlikely an attacker could trigger your gun while it's holstered in appendix carry.

- Biomechanically, placing the pistol in front of your hip line gives you **MORE** strength for retention, **NOT** less.

6. Retention **SHOOTING** Advantage

When you draw from appendix, your wrist is locked, allowing you to fire immediately when the muzzle is on target at close quarters, while giving you more leverage for CQC shooting.

7. Easier Off-Hand Draw

An appendix-carried pistol is easier/more accessible to draw with the off hand if you can't use your "strong hand" for **ANY** reason.

8. Grappling Advantage

At close quarters, you will likely end up grappling with an attacker. Appendix carry is more defensible for you, and less accessible to an attacker, when in this position.

- If you don't have to blade your body (such as when defending hip carry), you have both hands to gain space/attack/access your gun.

9. Ground Fight Retention

One of the biggest threats in a ground fight is other people. Appendix carry makes it easier to protect and retain your gun on the ground, but hip carry exposes your gun more easily to being grabbed by a bystander/multiple foes.

10. Ground Fight **ACCESS** To Your Gun

It's easier to draw from appendix while fighting on the ground in most cases. (If someone is on top of you, then no position offers easy access, but appendix carry offers you **MORE** options.)

Prepare. Train. Survive.