



Appendix Carry: A Rant On A Rant

with Jeff Anderson for www.ModernCombatAndSurvival.com

Appendix Carry

This is carrying your firearm at the front of your body. Some people carry it a little to the right, some people carry closer to the groin, etc. Recently I saw a YouTube video by "The Yankee Marshal" that condemned appendix carry. This podcast is my response to that video. You must know the risks and the benefits of this type of carry!

Is Appendix Carry Inherently Dangerous?

With the gun pointed into your "junk," a negligent discharge would strike vital organs, allegedly:

- The "Yankee Marshal" argues that if you carry on your hip, a negligent discharge would not be as dangerous.
- I couldn't find any information specific to negligent discharges and appendix carry.
- No, you don't want a round to go into your groin. But I'm not training for purposes of "shooting myself in a better spot."
- I train for TACTICAL reasons, not to shoot myself. I understand the danger of negligent discharges, and I experienced one myself (just once). But I'm always conscious of when I grab my weapon when I'm carrying in the appendix position.
- I don't base my training for attack on "where I don't want to shoot myself."
- Appendix carry DOES require more training.

Is There A Position From Which You'll Always Be Able To Get To Your Gun?

The "Yankee Marshal" argues that you won't be attacked "straight on."

- He therefore argues that carrying on your hip is better because you'll be attacked from behind or from the side.
- This simply isn't true; you could just as easily be attacked after a confrontation with someone standing in front of you escalates into violence.
- There simply is no single location on the body from which you'll always be able to get your gun.
- Appendix carry, however, puts the gun in a spot where your hands naturally fall based on body mechanics.
- Appendix carry provides you more of an advantage by placing the gun in front of you.

Standing Grappling And Appendix Carry

The "Yankee Marshal" argues that if you can't walk away, and you find yourself engaged in standing grappling, you shouldn't be carrying.

- I agree that you do need de-escalation skills.
- Most concealed carry classes don't really prepare students for the reality of CCW,
- The "Yankee Marshal" tries to have it both ways, though. Unless you have eyes in the back of your head, you can't spot every ambush. If you're grabbed in an ambush, you're engaged in standing grappling.
- You have to be able to see and get to your gun from whatever position you're in, even on the ground.
- At extreme close quarters, this means appendix carry is an advantage.

Resources

[The YouTube Video I'm Responding To](#)

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