



Coronavirus: Should You Worry?

with Jeff Anderson for www.ModernCombatAndSurvival.com

The Coronavirus Threat

Remember Ebola? It was all the media talked about for a couple of weeks... and then it just disappeared. But the threat never changed or went away. The same is true of the Wuhan Coronavirus.

The Chinese built a hospital in just 10 Days to combat this threat. There are all kinds of rumors, many of them coming from the UK. How many thousands are infected? How high is the death toll? Could a pandemic trigger worse survival threats? These are questions that are all part of whether you should be worried about coronavirus... and here are 5 things you can do RIGHT NOW to prepare for this threat:

1. Buy Surgical Masks

In the UK, surgical masks have been selling out thanks to fears of the coronavirus.

- In Asia, there's a much more extensive culture of wearing masks, both to prevent illness and to conceal one's identity online.
- If you look on the TikTok app, a video and music sharing site that is Chinese in origin, you'll see lots of people wearing black face masks - most of them Asian.
- Masks are better than no protection at all.
- Get some now so that if you have to go out in public, you can protect yourself.

2. Get Some Survival Food

The best way to avoid infection is not to go out!

- You can order some freeze-dried survival food right now. Don't wait.
- It's a good idea to have a few days' supply of food at the very least.

- Even if you just buy more canned goods at the grocery store, you want to have the option of not going out when fears of infection skyrocket. Avoidance is the best insurance against infection from others.

3. Stock Up On Medication

A lot of us rely on medications every day.

- You may be able to report your medications "lost" and pay out of pocket for more.
- Some doctors will even be willing to work with you to build a stockpile (as long as the meds aren't narcotics, etc.).
- Make sure you have enough medications not only so that you don't have to go out for a while but so that you can withstand shortages in the supply (especially if a pandemic causes a "supply chain" disruption).

4. Buy Defensive Weapons NOW

An emergency is no time to find out you need guns or ammo.

- You don't want to go out in public in a pandemic, so stock up now.
- The authorities sometimes shut down gun stores in a public panic, too.

5. Memorize Collapse Warning Signs

We talk about the no-BS signs of an impending collapse in our free survival class (link below).

- Use these warnings to get ahead of disaster.
- Monitor the news for these signs, then ACT.

Resources

[Free Survival Class](#)

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