



5 Visual Gunfight Training Mistakes

with Jeff Anderson for www.ModernCombatAndSurvival.com

True Gunfight Scenarios Demand Realistic Training

Most shooters make 5 distinct mistakes in where they look at which times during a gunfight. You'll perform twice as bad in a gunfight as your worst day on the range. A lot of these mistakes aren't seen as mistakes... and they become training scars. This happens to expert shooters and beginners alike. Let's look at each mistake in turn:

1. Looking At The Rear Sight, Front Sight, & Bad Guy Simultaneously

Here were are talking about personal defense, not precision target shooting. This is about life and death at close quarters, where gunfights happen.

- Most people involved in a gunfight or forceon-force training will tell you that they never even SEE the sights.
- You can black out or reverse the rear sight so that you won't be tempted to do that. (We detailed this in MCS 125.)
- Focus on the target and the front sight, but primarily on the target.
- Your brain is looking for visual information and it's not getting that from the sights.
- Learning to look at just the front sight is possible, but takes training.

2. Looking At The Gun In A Stoppage

Too many shooters stop and stare at the gun when it doesn't go "bang." In a real gunfight you may stop, freeze, freak out, etc.

- Stoppage drills are called IMMEDIATE action drills for a reason.
- You must instinctively go into an immediate action drill when the gun doesn't fire.

• Don't take your eyes off the target. That's a training scar. The bad guy will be moving and acting, so you must keep track of him.

3. Watching The Reload

A lot of shooters look at the magazine going into the mag well when reloading.

- If you take your eyes off the target during a reload, you cold miss what the attacker does during that window. A lot can happen in a split second. An attacker can close 21 feet in 1.5 seconds, as the old drill says.
- Don't reload during a retention situation; reload with the gun up at eye level in the line of sight, maintaining visual recognition of the threat (and what that threat is doing).

4. "Looking" Side To Side By Habit

Even experienced instructors will just glance left and right without really SEEING.

- You'll have tunnel vision in a gunfight. You need to identify threats, friendlies, cover, etc.
- Practice identifying 3 things on each side so you actually see what's there.
- Try good guy/bad guy targets behind you.

5. Looking At The Holster

There's no need to look at your holster when you draw; why look when you reholster?

- This is a simple reverse of your drawstroke.
- Don't take your eyes off the threat You're NOT safe yet. Don't relax.

Resources

MCS 125: 1 Simple CQC Gunfighting Mod

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