



## Urban Escape & Evasion

with Kevin Reeve from [www.OnPointTactical.com](http://www.OnPointTactical.com)

### Stalkers, Kidnappers, And Predators Walk Among Us

They're looking for targets of opportunity. If you're being targeted, you aren't being aware. Awareness is the key to avoiding kidnapping.

### Warning Signs You've Been Targeted

Nobody is going to protect you but you.

- Watch who you see when you're out. If you keep seeing the same person or people, that's a warning sign.
- You and your family have to learn to be paranoid and be aware.
- Don't RUN HOME if you are followed. Don't lead the person to your home.

### Kidnap-Proofing Your Family

There ARE precautions you can take.

- Monitor your family's online activity.
- Don't invite strangers to your home.
- Don't go anywhere unarmed.
- Don't open your door for anyone you do not know. You could be shot or attacked.
- Brace the door for your foot and keep a gun behind your back if you must answer it.
- Institute standard operating procedures for your security, such as keeping your door locked and answering it armed.

### Escape And Evasion Methods

If you detect you've been targeted...

- If you know you're being followed, go to a police station. Don't go anywhere isolated.
- Use crowds to protect you.

- Kidnappers exploit your child's trusting nature. Make your kids understand there is danger and that predators exist. It's hard.
- Check <http://www.stratfor.com> for sitreps. The State Department is also a good resource. Do your homework online!

### Surviving A Kidnapping

If you ARE taken, remember these realities:

- Kidnappers do what they do QUICKLY. They want to grab you, zip tie you, throw you in the trunk. They must establish dominance.
- They'll beat you immediately for "shock and awe" in order to take your desire to resist.
- Your survival strategy depends on who your captors are. If you have valuable data, it has an expiration date, so you'd try to resist.
- Survival might mean simply waiting it out and not making any trouble for them.
- Take mental notes about your surroundings.

### Escaping Captivity

As we said, "work the problem."

- Assess your situation immediately.
- As time goes by, the difficulty of escape increases. It's better to escape early.
- Pattern your captors. Figure out when their vulnerable times are and use that to escape.
- Lock picking skills are very valuable, but so is knowledge of terrain and the culture.
- Learn to weaponize everyday objects.
- How will you disguise yourself, feed yourself, make your escape? You have time to plan.
- Most kidnappers need isolation. If you want to make noise or get attention to escape.

*Prepare. Train. Survive.*