## MCS #254 "Cheat Sheet"





# **Long Distance Shooting**

with Jeff Anderson for <a href="http://www.ModernCombatAndSurvival.com">www.ModernCombatAndSurvival.com</a>

#### Most Gunfights Happen At Close Range, But. . .

There is value in training at longer than closecombat distance, and even at EXTREME long distances.

- Handguns can be accurate as far out as 40 to 50 yards, believe it or not.
- Long distance accuracy is greatly enhanced with a pistol-carbine conversion kit.
- Long-distance shooting isn't IDEAL under most conditions, but let's talk about some of the benefits.

#### **Tactical Benefits**

There may be times when, tactically speaking, you have to engage a target at extreme long ranges with your handgun. These include...

- When you are defending somebody else, such as a bystander
- In an "active shooter" scenario, where you have to stop somebody else who is not a direct threat to you, but to other people
- In any scenario where your target is farther away than "extreme close combat" range

#### **Foundational Benefits**

Remember the old slogan, "aim small, miss small."

- Even at close distances, you STILL need to be accurate (and many shooters miss their target at CQC ranges because of the stress and adrenaline involved).
- Long-distance shooting refines the basics that are needed for accuracy. It's the best clinic for foundational skills.

#### **Mental Benefits**

Long-distance shooting helps even out the bad habits you might develop while training exclusively for CQC:

- Training to shoot at long distances breaks you out of "CQC mode," where you can tend to get sloppy, rely on point shooting, etc.
- Training for long-distance shooting also boosts your confidence in your ability to be accurate at ANY distance (including CQC ranges).

#### **Motivational Benefits**

Here's a fun new drill to keep you motivated in live-fire training:

- 1. Do this with a private, stationary target, or at range with mechanical targets (look for long-distance range, such as 100 yard "reds").
- 2. You need a target with a small, separate bulls-eye (or go to <u>OxTarget.com</u>; it will tell you what you're doing wrong).
- 3. Start 5 feet away and aim for the bulls-eye (even if you don't hit it). Shoot a group.
- 4. Back up about 5 feet and aim at the bullseye (don't worry about getting one just now; AIM for the same spot). Shoot a group.
- Keep doing this until you start to see your rounds stray more than 3 inches apart. Continue to shoot at that range to see what your next rounds do... then back up more.

#### **Advanced Long Range Shooting Drills**

Use your smartphone and use its camera to zoom in and watch your shots as you create more distance. You can try <u>1-handed</u>, too!

Prepare. Train. Survive.

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