

Podcast #203 Transcription – Bugout Triggers Q&A

- Jeff Anderson: Hey, everyone. Welcome back. This is Jeff Anderson, editor for Modern Combat And Survival magazine, and executive director of The New World Patriot Alliance, with another podcast to help you better prepare for any threat you may face in your role as a protector and a patriot.
- Jeff Anderson: Now, some of you may know that while we do exclusive workshops inside of The New World Patriot Alliance members area, one of the things I do every week is, I love to get on the phone, I open up my office phone and I talk one on one with members about their personal needs related to self protection, or preparedness, or anything that they wanna talk about. And Jim was one that called in just recently here, and I just loved talking with Jim, in fact, we took two sessions because I just really enjoyed talking with him.
- Jeff Anderson: He's already done a lot of work in preparing himself and his family for any sort of a crisis out there, and you're gonna hear some of what he's already done here. But there's one area that he really wanted some help with just as a confirmation I think. And here's Jim now with one of the challenges that he may face if he's ever forced to decided to evacuate his family in the area that he lives in during a crisis. Listen in now.
- Jim: Hey, Jeff. Well I appreciate this time and I live a little bit East of you, over in the Beaumont area.
- Jeff Anderson: Oh, really?
- Jim: Yes. With Houston alongside Lake Charles, and we've probably got three hundred thousand here.
- Jeff Anderson: Yeah.
- Jim: And so my question revolves around some of these issues whether it's with an economic collapse, Martial Law, if we're gonna bug out. But where I'm headed, my place is up in Arkansas, so I have about a seven hour, or three hundred mile trip, which is really pushing it on the upper limit of bugging out somewhere and my call revolves around that. What warning signs do you look at that I can get on the front of the wave, in other words, not be past day two getting out and not wind up on the freeway like your good picture had?
- Jeff Anderson: Okay. Now that was only a portion of some of the things that we talked about on our call but you can tell that Jim's put a lot of thought into where he's gonna go and things like that. And something I wanna do is cover a few things that I could point out about what Jim is doing really well and then give you also ... So I have three things that I wanna talk about that Jim is doing well and then three bits of information based upon our call that I could also share with you all. And I

did get Jim's permission to be able to use his question and also give you some insights into our call as well. All right?

Jeff Anderson: So let me share some of the things that Jim is really doing well. Number one, he's thinking, and you can tell he's really put a lot of thought in this. All right? But more importantly than him just thinking about what he would do in any sort of a crisis, is that he's taking action, he's already done the ... Well, this is gonna be something I'm gonna talk about here. But he's not just thought about like, "What gear should I have? And what can I buy or ..." He's not just talking about that, he's talking about the tactics that he's gonna put behind his actions and he's taken action on those things.

Jeff Anderson: I can tell you right now that most people that I talk to know they should be doing something, but they're not doing anything. They're procrastinating, and they're really putting things off and they know they shouldn't be, but let's fact it, it's really easy to put things off til tomorrow that you should be doing today. Fortunately for Jim, he's not doing that. He is an action taker and that was the biggest thing that really came across to me in my conversation with him, of just how much he's really put into putting together his plan.

Jeff Anderson: The second thing is, his tactical assessment of his location and his personal circumstances of where he lives. Now this is something we tell everybody and I can tell you that one of the biggest concerns that we get from people out there and in my one on one coaching calls, especially people that are just getting into preparing is that, "There's so much to prepare for, like where do I begin? Jeff, there's economic meltdown, there's pandemics, there's nuclear, there's all these threats we face, where do I even start?" And so that really freezes people up for taking action.

Jeff Anderson: Now, Jim has already consider that one of the biggest problems that he might have is during an economic meltdown, so he understands that other people are oftentimes really the true threat that we face, more so even than the disaster itself or the economy itself, it's how people react to it. Specific to an economic meltdown, when people don't eat, when people aren't able to feed their families, they freak out. We see crime rates rapidly increase because people have to eat. Right? So there's a domino effect that happens with these types of things. All right?

Jeff Anderson: But what Jim has done, you can hear it there, he knows where he sits in relation to other urban centers. He knows where he sits related to major thoroughfares that would be either extraction points or main avenues of evacuation, even in a crisis, and he knows where he is in relation to all of those things. He also has a secondary retreat to go to, which is number three here. Okay? So number three is that he has a destination in mind. Most people don't have a secondary destination. All right?

Jeff Anderson: Most people just think when something happens that they'll just get on the road and take off and go to Aunt Nanny's house or whatever. They haven't really

thought about it though. Not only that, but because look, you can come up with that answer very quickly, right? But like right now, if you had to evacuate your home, you can probably think of like, "Okay, yeah. I've got my brother that lives over in Kansas," or whatever. Like you know of a destination you might be able to get to and that can be answered pretty quickly. However, how you would get there isn't thought of very much.

Jeff Anderson: Now Jim has thought of these things. He knows that there are certain choke points that he's gonna have to face if he were put out on that road and there were already people out there evacuating, he knows that there are major bridges that he's gonna have to cross in order to get to his secondary destination over in Arkansas there. He knows that if there is Martial Law, that there could very well be check points. If it's something like a pandemic, there could truly even be quarantine zones, and you might not be able to leave an area or enter an area. There's all sorts of things that can trip you up there.

Jeff Anderson: He's also very familiar that urban areas are going to be the centers of where there's gonna be major resupply points and also major freak out. There could be protests, there could be riots, when people aren't taken care of, and let's face it, we're a very dependent society, when people are no longer being taken care of, those reliant citizens are going to freak out. They are going to protest, they are going to riot, and there is not going to be rule of law. There's just no way. There's just no way to, because even with military and police presence, you're gonna have a reduced military and police presence because those people, if it's a national emergency, they're gonna have to take care of their family as well.

Jeff Anderson: Now the military are most likely ... It'll be harder for them to stay back and take care of their people because they're government property, if you will. We really understood that. However, the military's also very good about taking care of dependents as well. Nonetheless, it's gonna be a very trying time. And the government has already started taking measures to be able to deal with something like this. Because they know that there are very real threats that we face that could cause a true meltdown, civil unrest, and all of these other things. Okay? But Jim has already thought about a lot of that stuff in where, he knows where he's gonna go, he knows how to get there, but he also knows where those choke points are. Okay? That's very very critical here.

Jeff Anderson: Now one of the things that Jim brought up to me that he heard about in one of my presentations was to be able to have topographical maps for alternative avenues of getting to his secondary destination as a plan B if he ever needed to. So if the road's really were clogged up like he said and as we talk about in our workshop and in New World Patriot Alliance and those types of things, he knows that if the roads are all clogged up, you have to find alternative means. And there are other alternative means to be able to get there.

Jeff Anderson: And Jim even brought up to me, in fact we had a secondary call where he wanted to make sure that when I spoke to everybody out there on this podcast to really think about alternative transportation modes that you could come up

with. That might be a touring bike, so we talk about that also in our workshop, about having a secondary means of transportation, whether that is a touring bike, whether that is an electric bike, which is another thing that we talked about on one of the other podcasts, especially for people with mobility problems or if you, let's face it, you're not gonna certainly walk 300 miles to your destination like Jim and look, he understands he's not gonna walk 300 miles also.

Jeff Anderson: So there are other means of transportation. That could even be a kayak if you live near waterways, a kayak might be your best route, not to get to necessarily like all the way up to a secondary safe place, but it might be able to get you to another means of transportation. And that might be able to get you to another location you can get to to be able to get another means out of the area that you're in. So it really comes up to creativity but the most important part is to take Jim's example here and really do a tactical assessment of your own personal threats, your own situation, your own mobility, your own ability to move, your own ability to evacuate, where you're located and all of those things. Okay?

Jeff Anderson: Now, those are the things that Jim has brought up to me in our call that I really think he's doing a great, great job on it. And now, let me go ahead and address some of his issues. Okay. And some of the things that he was concerned about with, "How do I know ... What are the warning signs to look for when I should be on my way to Arkansas to get to my plan B safe retreat?" So let me go ahead and share with you three things, based upon my conversation with Jim, that you can also use in your own plans. All right?

Jeff Anderson: So tip number one, let's talk specifically about warning signs. So the warning signs that he was really looking for were, if it's an economic meltdown and there's Martial Law, things like that. Like anything that's going to effect citizens in his area that could put them all on the road as he put it, like army ants, just a mass evacuation happening out of his area. He does not wanna be caught in that row of army ants there because he realizes that that really is a challenge, that's gonna be a security challenge that he's gonna have to face.

Jeff Anderson: So when it comes to economic warning signs, look, I'm gonna be the first one to tell you, I am not an economic advisor, I am not an economic expert. It is however, one of the areas that I'm most concerned about because I think we all know that it really is a ticking time bomb. Our economy has so many different factors built into it that could cause an economic meltdown. From not just the debt, the debt has been growing by about a trillion a year for a long long time now. And it doesn't look like that's ever going to change. There have been certain things that they've put in front of congress and basically people disagree, democrats and republicans disagree on how to reduce the debt, and we never really seem to make any headway on it.

Jeff Anderson: Now the debt by itself, isn't as much of a problem as it is in relation to other things, like interest rates. So when a large debt hits higher interest rates, that's

where we're going to get things where it's gonna be hard for people. And that's really what we're talking about. When it's hard for the people, that's where it's gonna hit us most. Now, and economic meltdown could happen overnight, it could take a long time to happen. So I'm not gonna get into all of the different factors in it, partially because I don't even know. In fact, I've been looking for a really good expert to bring onto the show to really kinda lay this out for somebody as stupid as me to be able to understand it.

Jeff Anderson: All I know is that, there are so many factors and that the government doesn't necessarily have our interests at the highest level of their priority list. Corporations are certainly built into that as well. And just who knows what the hell, right? It's just a big ole alphabet soup mess here. It's a soup sandwich. So I've been looking for somebody to get on the show that can really break it down and make it clear for us, not just ... I'm not looking fear porn, I'm not looking to scare the hell out of everybody here about it but it certainly is ... We all know it's a threat.

Jeff Anderson: Now, the warning signs that I personally look for are detailed in our survival guide with a little bit of work that I've done with talking with certain people about these things when it comes to the economy. You can find our survival guide over ... It's free. You can get it over at survivalgearsecrets.com. You can just go ahead and download it for free there. And we've talked about the five most ... The most critical threats that we face that really could cause a collapse within the United States. Okay?

Jeff Anderson: But even if things changed overnight, where we had an economic collapse that changed overnight, the markets just collapsed, with specific to Jim, he does have a secondary place that is more rural, has the means to be able to sustain himself in that area. And it's gonna be far safer for him than it is gonna be in the Beaumont area where he's at near Huston and Lake Charles and other urban centers where crime and riots, protests, people looking to be able to sustain their families, crime that could branch out from those urban centers a lot more. So he wants to get to his plan B safe. Right?

Jeff Anderson: Now, he's seven hours away. Okay? He's seven hours away so safety for him is seven hours away. Where is if for you? Where would your safety spot be that's not near urban centers? Because going from one area to another area, if that's gonna be even more dangerous, of course you don't wanna go there. Right? It's not just about having just another place to go, it's about having a safe place to go. All right? So you've really gotta do that assessment like Jim has done here.

Jeff Anderson: But we're talking about seven hours. Okay? So for Jim, seven hours to be able to get there, although that seems like it is on the higher end, we always talk, people should have something about 150 miles away that they can get to really rather quickly, even if they didn't have a vehicle. But in a vehicle, seven hours, most people are not going to react to an economic meltdown by getting on the road and just leaving their homes. They're gonna hunker down inside of their homes. Jim is just on the front end of the warning signs because he knows that

he doesn't wanna wait around for people to get on really super desperate times. All right? So seven hours isn't that bad with something like an economic meltdown.

Jeff Anderson: Now another type of a disaster, he obviously needs to get out there much much sooner, but with an economic meltdown, those warning signs we look for are things like a sharp spike in gas prices. And the reason for that is because when gas goes higher, then everything becomes more expensive, from food to clothing, everything because we run on the trucking system. We need goods to be transported throughout our entire society. If gas is more expensive and it costs more to deliver goods, it's gonna cost more for everybody. And if we're already going through an economic crisis like a recession, where people's income is down, then it means that they have less money to buy more expensive goods. Okay? So that could trigger.

Jeff Anderson: In fact, we're already seeing signs, even with the economic shutdown that's happening right now, this could have a domino effect also that could effect all areas of our economy. We'll have to wait and see how this really plays out, right? But some of those warning signs again, are those.

Jeff Anderson: Also when it comes to our ability to be able to borrow as a government. So listen, we have a budget deficit, right? We don't have a budget surplus. We take in less money than what we own and so we have to borrow money, we mostly borrow it from ourselves in the way of treasury bills and bonds and things like that. And again, I'm not gonna go deeply into the different types of investments and whatnot. But we borrow from ourselves, mostly from the social security system. But we're able to borrow that money in for now, that doesn't mean we're gonna be able to do that in the future, and that's based upon confidence that people are going to get paid back. Just like the bank loaning you money, the bank loans you money only if they think you're gonna be able to pay them back. If they don't think you can pay them back, they're not going to give you money.

Jeff Anderson: So the same thing happens, we also lend money ... Or I'm sorry, we borrow money from foreign investors and foreign countries because they know that we're going to pay them back. But if we stop being able to pay them back, we're not able to borrow money anymore. That's a very simplistic view of it. But essentially what I look for are really, like increases in the rates that we pay for our borrowing. And that, you can go to [treasury.gov](https://www.treasury.gov) and you can look up the treasury rates and things like that. But if we start to see a sharp increase there, again, we're gonna be in a world of hurt there. So those are some of the warning signs but again, when it comes down to boots on the ground, you're gonna have time to be able to get to your safety retreat because, you're gonna see it on the news and whatnot. Okay?

Jeff Anderson: But let's talk about something else that he brought up, because he is worried about Martial Law. Now I really need to caution people not to get ... It really bothers me in our industry that some people have come in that use ... I call it fear porn, they really try to scare the hell ... Do you remember the adds

probably like two or three years ago where Obama had death coffins already stacked up for the FEMA camps, and they were gonna be rounding up preppers and basically killing them off, that the culling was gonna happen and we were gonna ... They already had all of the coffins laid out to be able to put everybody in the ground that was a patriotic American that was self reliant and prepping. Well that was total bullshit and people use that in order to scare you to get into buying their products, and I don't like that stuff.

Jeff Anderson: Look, I know we use very illustrative ways of people understanding the threats that are out there, and it can be entertaining but it also can be very informative, and we try to really keep people with their feet on the ground. So that way, there's no zombies coming out of the ground here. We're talking about real threats that people should face so that you're really truly prepared. All right?

Jeff Anderson: So look, people are shocked when I say this but, with that fear of the FEMA camps, that they were gonna round up all patriots, I actually want FEMA camps, I really want the barbed wired fences there. I want all of those things because it's not me and you. Well, I can't speak for you, but it's not me that they're gonna look to ... Well, I can't even really speak for me because if you were to read a lot of our stuff, maybe the government is a little bit worried about me right? But nonetheless, we teach really practicality, practical prepping. Right?

Jeff Anderson: And so look, when there are those protests and riots happening, they're not gonna throw people into the local county jail, they're not gonna have enough room for it. In fact, government documents show their ability to be able to put up aid camps or these FEMA camps with barbed wire, with fencing, with security personnel, with troops around it, in different destinations in any state within our country. Now those plans are there for very real purposes, for some of the things that we're talking about, because if there is a true collapse and people freak out, in order to have law and order, and we don't go back to The Walking Dead days here, they're going to need to have rule of law any way that they possibly can.

Jeff Anderson: They're not gonna go knocking door to door and rounding up preppers, they're going to be all those people that are doing protests, whether it's Antifa or whether it's right wing or left wing, we've seen now what happens when there is no rule of law. Local law enforcement, national guard troops, they're going to go protect the centers that need the security the most. And that is not my house and your house, that's city hall, that's the government. They're the agencies that form the infrastructure of our security of our personnel, and our governing of our personnel. That is where there's going to be aid and assistance, not around your house.

Jeff Anderson: That means you're gonna have to be the one to be able to provide your own self protection or be like Jim is gonna do, get to some place that's safer, that you don't have to worry about being near all of these riots and things. Okay? So I actually want those FEMA camps up, I want triple barbed wire around the top there, I want you to keep all of those protestors and rioters that are gonna

firebomb my house to be able to get my food and stuff, I want those people locked up. Okay?

Jeff Anderson: But again, it's really important to really note here that the government has already planned for these things because they know that this could very well be a possibility in our near future. In our near future. Okay? All right. Now again, Jim already has a plan B destination, it's about 300 miles, he has enough time to be able to get there, and bypass any Martial Law, but he is worried about checkpoints along the way, with some of the urban centers that he might come to. Now that is why Jim and I talked about topographical maps that if he had to, could he bypass certain checkpoint areas? Could he put a large swath around there?

Jeff Anderson: Some of the things that we didn't talk, and Jim if you're listening to this, which I'm sure you're going to, is to have a means of communication in the way of a scanner of some kind that you will be able to listen to police and government air and different channels that will be able to give you a heads up on where different danger zones might be as well as what local law enforcement and military might be doing in certain areas where there might be checkpoints, where there might be choke points and things like that. Okay? So that's something we didn't talk about.

Jeff Anderson: The third thing that I'll share with you here is one of the things that Jim and I talked about and that's a fuel plan. Okay? Because that is the number one thing that you're most likely gonna have to worry about. If you are able to get on the road, and you're getting on there well in time, okay? You're still gonna have to worry about getting to your destination. Now that's one of the reasons why we talk about 150 miles being a good zone because on a full tank of gas, that's about where you're going to get to, right? So if you've got, let's call it a 12 gallon tank of gas and you're getting about 12 miles to the gallon, you're gonna get about 150 miles. Okay?

Jeff Anderson: Now, what we've seen time and time again is that any type of a crisis, and I'm talking, we've got a snow storm that's happening right now where I'm at, I'm actually in my parents basement. I'm visiting my mom and dad, I'm in the basement, I feel like I'm back like 15 years old again. That's where I lived, in the basement. And so I'm in the basement but there's a big snow storm happening outside now, and last night people were lined up around the gas tanks making sure that they had fuel inside of their vehicles.

Jeff Anderson: Well, when it comes to any sort of a crisis, you're gonna find the exact same thing. That's why we have those traffic jams on the highways, because people run out of gas and they run out of gas in the middle of the freaking highway. Right? They just keep praying, "Oh, just get us there. Just another ten feet, another ten feet," bump bump bump bump bump. And the car dies and there they are and they back up everyone else behind them. Right? So you've gotta make sure that you do have a fuel plan.

Jeff Anderson: Now that includes having fuel at home, we did talk about a lot of people say to keep your fuel tank, don't let it get below half a tank, I think it's pretty unrealistic, I don't know anybody, even like expert survivalists that really truly keep it that way. I tell people, a third of a tank, try not to let it go below a third of a tank. And also, make sure that you do have fuel at home. So if you have fuel stocked away in the garage, and you can have ...

Jeff Anderson: They make 20 gallon tanks that you can have that are really really handy, in fact, I just got done shooting a video for New World Patriot Alliance, that showed my fuel plan and one of the elements of that is a 20 gallon fuel can that basically has like a gas pump attached to it, that you can just put it right into your tank, and you put fuel stabilizer in that, it'll last for a couple of years with fuel stabilizer in it. And there's enough there that I can fill up my tank and my wife's tank, because we're gonna take both vehicles with us, and we're going to fill both of those vehicles up with whatever we have in there to be able to get to our destination.

Jeff Anderson: Now in route to where I'm going, to my plan be safety retreat, I also have a storage shed, it only cost me 10 a month and I'm able to also keep more fuel there. So that way as I'm on the road, if I'm gonna need more fuel, I have a means to get there and get to it. Okay? So again, every couple of years I go out to my safe retreat and on the way there, I stop there, I take and I refill using the fuel that I have in those tanks there and then I refill that while I'm there for another two years. It's a really simple process to go through. So it's really not hard to do that. Okay?

Jeff Anderson: But now, it comes to your own plan. All right? So do you know the warning signs for your area? Have you done a strategic assessment of your area? Do you know where you're located in relation to certain urban centers or the different danger zones that might crop up during a crisis? Do you have a plan with alternate routes to get to your plan B safety retreat when you finally come up with one if you don't already have one? And do you have a fuel plan to be able to get to that safety retreat when the poop does hit the fan? All right?

Jeff Anderson: Those are all really important question to ask yourself and Jim, I wanna again commend you for already putting action behind your words and really thinking about things that most people are just not thinking about. All right?

Jeff Anderson: Now listen everybody, if you wanna go ahead and submit your questions for The New World Patriot Alliance, if you're one of our members, go ahead and make sure that you get on the call with me. I open up my office phone line once a week for us to talk one on one and talk about anything you wanna talk about. I'd love to talk with you also and as well as hear what you're doing, because I always learn from people as well, and I love learning and getting more tips from everybody that's out there as well. So if you're a New World Patriot Alliance member, make sure that you go ahead and give me a call. I'd love to talk with you. All right? And until our next Modern Combat and Survival Broadcast, this is Jeff Anderson saying, "Prepare, train, and survive."

