



NWPA Q&A: Bug Out Triggers

with Jeff Anderson for www.ModernCombatAndSurvival.com

Bug Out Triggers

The key to bugging out is to understand how to prepare ahead of time... and how to recognize when you need to bug out.

- Most people are procrastinating, not preparing.
- It's very easy to put things off, but you need to get started.

"THINKING" Won't Save You... Only ACTION Counts!

It might seem like there's too much to do, but you won't do ANY of it if you don't get started.

- You need to become an "action taker."
- Start by creating your plan and then executing it.

Customize Your "Tactical Assessment"

Take a hard look at your personal circumstances and your SPECIFIC location.

- Know where you sit with regard to other urban centers.
- Know the major avenues of evacuation and extraction points, including choke points.
- Have topographical maps where you can.

Know Where You're Going... And HOW To Get There!

Most people think that when they bug out they'll just flee. This is not a plan for survival.

- You need to think through where you are going and what mode of transport to use.
- You need to plan your routes for getting there, including alternate routes.
- Have a secondary retreat option, too.

Be Practical With Your "Evac Triggers"

There are multiple warning signs to consider.

- Economic meltdown and martial law will trigger a flood of refugees. Don't get caught in that if you can avoid it.
- Watch for stock market crashes and issue related to national debt/currency value.
- Gas price spikes and collapses are another indicator.

Yes, Martial Law Is A Real Thing!

We think of martial law as something that happens in the movies, but it's very real possibility.

- There may be checkpoints to pass.
- In a pandemic, there could be quarantine zones.
- Major points of resupply will become areas of protest and conflict, which you'll need to avoid.
- There will be reduced military and police presence overall in an emergency because those personnel will be looking to protect their own families. Consider that.
- FEMA camps are NOT where you and your family want to be. They're like prisons and your fellow refugees are also a threat.

Have a Fuel Plan

In any crisis (weather, evacuation, etc.) people run out of fuel and go looking for more.

- Cars run out of gas on the highway.
- Fuel is vital for generators and vehicles.
- Store stabilized fuel for emergencies and plan ahead for your fuel needs.

Prepare. Train. Survive.