



Extreme Cold Weather Survival Hacks

with Jeff Anderson for www.ModernCombatAndSurvival.com

Gear For Survival Is Life And Death

It's easy to argue about whether you should pack light for mobility or pack heavier for extreme survival. Everyone has different opinions... so who's right?

- Many people don't have the skills to improvise/build a shelter, but they still need shelter from cold weather.
- It pays to be in good shape so you can expend calories and deal with the needs of survival... but if you're not in good shape, you still have to find a way to survive.
- Weight matters, especially if you end up on your back like a turtle with your pack on. We have some great technology today that can help you survive in cold weather while also allowing you to travel light.
- If you get stranded, all you have to survive is what you have with you. It's a good idea to keep survival gear in your vehicles in case you find yourself stuck in cold weather. You can also carry this gear in your bug out bag without adding too much weight.

#1 Tact Bivvy

This is a Mylar emergency blanket, but in the form of a sleeping bag.

- This will keep you warm even in 20 degree below weather.
- It's an enclosed emergency blanket, so it traps heat.
- Space blankets are not enclosed, so you lose a lot of heat through them.
- This is a must-have cold weather survival item that is also compact and lightweight.

#2 Electric Hand Warmer

There are disposable hand warmers, but they don't last long and are basically disposable. Electric, rechargeable hand warmers are a different ballgame entirely.

- These are about the size of your hand, but a little smaller. They emanate heat and can be plugged into a USB port to recharge.
- They hold that charge for quite a while, too.
- Get one for each vehicle and keep them charged and ready to go.
- Keep the hand warmer with your Tact Bivvy.

#3 Quad Pro Solar Charger

You can't charge your electric hand warmer if you don't have an electricity source. A solar charger can fill that cap for you.

- This unit is great because you can hang it.
- The panel is also magnetic, so you could mount it on a vehicle or any other metal surface.
- The unit is also a rechargeable battery, so you can recharge it with a power source ahead of time if you want.
- Keep your solar charger with your hand warmer and your Tact Bivvy.

#4 Fleece Liner (For Tact Bivvy)

Space blankets don't absorb anything. You'll sweat inside the Tact Bivvy, getting damp, and then emerge into the cold, which is bad.

- The fleece liner absorbs sweat, etc.
- The liner makes the Bivvy easier to clean.
- Add your hand warmer for extra warmth.

Prepare. Train. Survive.