



## More Prepper Defense Gear

with Chad Cooper from [www.InfielBodyArmor.com](http://www.InfielBodyArmor.com)

### Are We Looking At Civil War?

According to a Rasmussen poll, 31% of US citizens think we'll experience a second civil war in the next FIVE YEARS.

- If unrest breaks out, your gear is all you've got. You need good gear to protect yourself.
- In a second civil war, your neighbors could become your enemies.
- Panicked mobs, looters, rioters, gangs, and even government troops are all potential threats.

### #1: Helmet

You know you need to protect yourself from head injury. What you may not realize is that you don't need a ballistic helmet, necessarily. The Marine Corps did a study about head injuries. Most head injuries are from impacts, not enemy weaponry.

- A good “bump helmet” is a great choice. It doesn't have to be a ballistic helmet.
- A non-ballistic helmet is cheaper.
- Bump helmets are less bulky and easier to wear and walk around in.

### #2: Smoke Grenade

Smoke grenades are very easy to carry and about the size of a Coke can. They're self-igniting after you pull the tab.

- They can obscure your movement.
- They can be used for signaling.
- They are available in different colors and are lightweight.
- Smoke grenades aren't common... but worth the search (*avail. at InfielBodyArmor.com*)
- Many are safe and “cold-burning.”

### #3: Camo Net

You don't need a gigantic camo net such as you'd use to conceal a tank, but carry two smaller camo nets in different patterns (such as woodland and desert, based on where you live and the terrain in that area).

- These are great for concealing you overnight while you're traveling/bugging out.
- Position yourself away from your vehicle and then conceal yourself. Vehicles are easy to see from a distance even if they are concealed, but you are much less easily spotted this way.
- A camo net can be used as a ghillie suit, too.

### #4: Trauma Kit

If you're going to have firearms and potential get in firefights, you need a way to treat yourself and your family if you get shot.

- You need a good trauma kit in addition to a well-stocked first aid kit.
- Trauma kits aren't for cuts and bruises. They're for serious injuries.
- The trauma kit must have a tourniquet and might have coagulants, battle dressings, etc.

### #5: Pepper Spray/Less Lethal Option

It's not as easy to shoot someone as you might think. Having a less-lethal option makes sense.

- People who can't handle a firearm can handle something like pepper spray.
- Pepper spray isn't effective against everyone in all situations, but it gives you more options.
- You can use it as wide-area deterrent, too.

*Prepare. Train. Survive.*