



Ankle Holster CCW Tactics

with Jeff Anderson for www.ModernCombatAndSurvival.com

The Ankle Holster: Good & Bad

Ankle carry offers both advantages and drawbacks.

- Some of the better techniques are the OPPOSITE of what the experts will tell you to do.
- Ankle carry can be used for a backup gun or for your primary weapon.

Benefits Of Ankle Carry

People choose ankle carry for a number of reasons.

- It's HIGHLY concealable. Most people never look at your feet.
- If it's done correctly, it's quite comfortable, especially for warm-weather carry when you're wearing pants with a lightweight shirt.
- In a CQC situation, accessing the ankle may be easier than going for a weapon at your waistline.

Drawbacks Of Ankle Carry

Ankle carry isn't terribly popular because of certain specific issues.

- Heavier guns tend to flop around quite a bit, printing and making you uncomfortable.
- It shouldn't be a primary carry option because you have to put yourself in an awkward position to draw from your ankle.

Ankle Carry Tip 1: Calf Strap

You want your ankle holster to have a “calf strap.” Choose one that does.

- The strap looks like a garter for your gun.
- It prevents the gun from shifting position with every step, or from riding down your ankle.

Ankle Carry Tip 2: Carry On OUTSIDE Of Your Dominant Ankle

Most experts teach you to carry inside the off-side ankle. You'd step forward with your opposite leg and draw with your dominant hand.

- Most gunfights happen less than 9 feet away. You'll very likely have to fight for your gun, and 80% of fights go to the ground.
- Whether you're on top or on the bottom in a close-quarters fight, having the gun on the inside of your leg makes it harder to access.
- This method makes it easier to go for your gun if you're tied up with someone and grappling on the ground. If you carried appendix, an attacker who has mounted you would literally be on top of your gun. Even if you're on top, drawing is still tough from this position.
- Carrying on the outside of the dominant leg is less likely to be felt by the attacker when you're tied up with him.

Ankle Carry Tip 3: Take Your Jeans To A Tailor

The awkward position from which an ankle carry gun is drawn can be mitigated if you alter your pants. To draw an ankle carry gun, you have to pull up your pant leg, right? This is especially bad with tapered or standard leg pants (anything not wide-cut).

- Have 12 inches of the outside seam replaced with Velcro.
- This creates a break-away seam that lets you quickly access your weapon.

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