



Green Beret Survival

with Jeff Kirkham of www.BlackAutumn.com

Critical SHTF Events

You should always be gaming out what you would do when confronted with a collapse event. How would you deal with its factors?

- How will you deal with the knowns/unknowns?
- What do you know, and what have you forgotten or not taken into consideration?
- A typical SHTF event can cause a chain reaction of problems.
- This type of event is called a "Black Swan" event, in which inconsequential events (which are surmountable by themselves) become overwhelming and therefore critical.
- A major incident has occurred every 60 years in the United States. They just haven't caused the country to topple before.
- World War 1 became the "war to end all wars" because of the Spanish Flu, which contributed to the "perfect storm." 25 percent of some Army units were killed by it.
- As early as 2009, we saw a financial collapse made of events that, while not that big a deal in and of themselves, overwhelmed and toppled an entire financial system. When this happened previously, it was the Great Depression.
- Most people look at direct cause and effect. In fact, they should be looking for chains of events that are minor by themselves but which contribute to the "perfect storm" of SHTF factors.

Challenges You'll Face After A Collapse

The number one shock most people will face in a collapse is the emotional, psychological, and physical exhaustion such an event will cause.

- A group of people will have to work like never before just for pure survival.
- Whether moving your family, caring for your children, digging out homes... it will be physically exhausting.
- You never really sleep well in an emergency or collapse, so you'll be psychologically exhausted.
- Loss and grief caused by the collapse may well cause emotional exhaustion.
- These factors will compound each other and make each one worse.

Building Your Own "Defense Squad"

Armed citizens are the last line of defense in a collapse. They will defend each other, too.

- You CANNOT survive alone. You have to have a community to survive long-term.
- Working together is what puts humans at the top of the food chain.
- The ability to work as a cohesive whole is also what sets the US military apart.

Learn Your Survival Lessons

Controlling your immediate area helps you create a buffer between the danger and your loved ones.

- You can't approach every problem with the same solution. Every problem may look like a nail when all you have is a hammer... but realistic survival requires a more complex approach.
- Remember, even shooting "the enemy" is hard. You've got to have the mindset to survive, particularly against hostile humans.

Prepare. Train. Survive.