MCS#207 "Cheat Sheet"





The Puerto Rico Collapse

with Russ Adler from <u>www.FASTnation.us</u>

What We Can Learn From Puerto Rico's Collapse

Russ Adler had boots on the ground in the aftermath of Hurricane Maria, which obliterated Puerto Rico's already feeble infrastructure. MCS 207 is an excerpt from a longer interview with Mr. Adler.

- What happened to Puerto Rico is exactly the type of collapse we must prepare for.
- Our society depends on resources and infrastructure that will be unavailable after a natural disaster, widespread power outage, or other emergency scenario.
- You must understand what life looks like after a collapse of this type.
- You will need to attend to your basic survival needs while protecting yourself and your family from threats of violence.

Looting And Crime In A Collapse

When people need resources and become desperate, they will resort to theft and even violence to survive. Specifically, they look to people who DO have supplies... and they take them.

- If you have a generator, it will make noise, and it will immediately make you a target.
- Crime will rise dramatically in a collapse. We saw this in Puerto Rico and, before that, in New Orleans after Hurricane Katrina. Arguably, New Orleans still has not recovered from that event.
- Things can get so bad in a collapse that even law enforcement officers are lowered to the level of crime and looting.
- Fuel becomes a target in a widespread collapse. Fuel trucks can be and have been hijacked, even with law enforcement escorts.

- In an emergency, the threat of overwhelming force from a mob can be enough to let the mob take what it wants.
- It's a lot easier to "get" a soft target compared to a hard target. Make yourself appear to be a "hard target."
- The way you carry yourself matters. If you look vulnerable, you will be targeted.
- Whether your equipment is overt or covert also matters. If you obviously have things that people need, you will be targeted.
- There is safety in numbers; if you are by yourself, you could be a target.
- A small group that looks strong and professional can deter a larger, less prepared group, too.

Training With Firearms For Defense In A Collapse

Your firearms training makes a huge difference in your ability to defend yourself.

- Military personnel have anywhere from 6 to 8 or 12 weeks of basic training and as much advanced training after that.
- Special operations personnel could have 20 weeks of advanced training.
- The average law enforcement officer achieves, say, 35% accuracy with his or her shots. Some of these shootings involve highly trained operators.
- Your skills deteriorate under stress. A shooter even an experienced one who qualifies at 80% accuracy could see that accuracy degrade to 35% under stress.
- To be prepared, therefore, for looting and crime, you must get solid training. It's not enough just to have guns and ammo.

Prepare. Train. Survive.

www.ModernCombatAndSurvival.com