



Bug-Out Plan Mistakes (Fixed!)

with Jeff Kirkham from www.ReadyMan.com

You Must Have A Plan

The majority of bug-out plans people put together are death traps.

- Failing to have a plan is the worst mistake people make.
- Many preppers store food and build a bug-out bag... and stop planning there.
- When a critical situation happens, that's when you'll learn your plan has holes in it.
- Most people don't consider whether they can carry their BOBs and have not tested whether they and their party can live out of the supplies it holds.
- You cannot just "run for the hills." You have to have a destination.
- The lighter your gear, the faster you move, and the less time you are under stress bugging out.
- Most people are not prepared for the level of exhaustion associated with bugging out. You must train to carry your BOB long distances or you will not be able to do so.

External Threat Factors

The line between civility and savagery is very fine... and there are a lot of people willing to just take what they want and need.

- You must have a plan to protect yourself and your family. If you are not prepared for self-defense, that's an equipment, mindset, and physical fitness issue.
- It doesn't take much to spark a riot or other civil unrest and turn your neighbors into desperate savages or ruthless predators.

Don't Become A Refugee

Your bug-out plan doesn't have to be for an apocalyptic scenario.

- You might be fleeing something as localized as a home invasion or a house fire.
- In the case of injury (you or a dependent), you've got to know how to get that person to medical care. You've also got to know essential first aid.

"Safe" Distance

Look at bugging out in concentric rings.

- Your home is your castle, so stay there if you can. You can't take anything away from there that you cannot carry.
- The next level is your vehicle EDC.
- The next "ring" is motorcycles or bicycles.
- The final ring is your feet. Take care of them! You can't walk if your feet are injured.
- Remember, distance from the threat equals safety.
- Go camping to get more active and build community with like-minded people.
- Camping is like a dry-run rehearsal for bugging out, and it's a learning experience.

Dropping Critical Pounds From Your Gear

Look at your actual bag or pack critically.

- Is there unneeded weight built into the bag itself, such as in the MOLLE gear or webbing?
- Reduce weight whenever possible. You may be carrying a LOT of gear that you don't really need and which weighs down your BOB.
- Look at reducing bulk that hinders your freedom of movement. You've got to be able to move freely in order to bug out.

Prepare. Train. Survive.