# MCS#190 "Cheat Sheet"





# **Survival Retreat Planning (Pt. 2)**

with Jeff Anderson from <a href="http://www.ModernCombatAndSurvival.com">www.ModernCombatAndSurvival.com</a>

#### **Mobile Bug Out Vehicles**

Start out preparing as cheaply as you can manage, then "level-up" where you can find alternative means of being prepared. Don't procrastinate! You must start planning now or you'll be caught with your pants down in an emergency.

- Crisis can hit at any time so always start with what you <u>currently</u> have – no matter what you're driving – since you can always shelter in your vehicle as a last resort.
- Opt for a large four-wheel drive that can get you almost anywhere when possible.
- Get a reliable, used vehicle to keep costs down Landrover or Jeep preferred.

# **Trailers For Mobile Bug Out Planning**

Trailers give you great mobile shelter and make it easier to camouflage yourself when you stop to camp.

- Small, low-profile teardrop trailers are a good option, especially off-grid models with solar power and water pumps.
- Teardrop trailers are sleeping quarters and storage space. They may provide sinks and propane stoves.
- This is a fully mobile option that doesn't anchor you to a specific location.

#### Where To Bug Out To

When bugging out to a specific destination, you have to plan the location.

- State parks are an option. You can get a state park pass ahead of time.
- Another great option is a long-term retreat, and the viability of THAT comes down to location, location, location.

#### **Retreat Location Considerations**

When planning your retreat location, you have to think about what's nearby in terms of threats and resources. You also have to consider if you can get there in the first place.

- Is the travel distance feasible, especially in an emergency or collapse? A 75-150 mile radius is best, which means a quarter to half tank of fuel. Never go below a quarter tank!
- Look at a topographical map. Just leaving all civilization behind is not necessarily an option. A SMALL population nearby is better.
- Will you be able to garden?
- Stay far from major population centers, which will produce roaming refugees.
- You DO want some resources nearby, though, like a hospital or urgent care, a hardware store for supplies, and even something as basic as cell phone and even Internet service.

# **The Structure For Your Retreat**

You don't need a doomsday bunker.

- These are claustrophobic and difficult to live in. When you run out of stockpiles, you're out of luck. Though fun, they aren't ideal.
- Consider a small, fortified cabin.
- Concrete geodesic domes are another option, and very defensible.
- The <u>InterShelter</u> is a versatile mobile dome retreat. We highly recommend these, because they're essentially stormproof, can be permanent if you cement them in, and can be transported if you don't. They're also economical.

Prepare. Train. Survive.

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