



## CIA Escape & Evasion Abroad

with Jason Hanson from [www.SpySurvivalTraining.com](http://www.SpySurvivalTraining.com)

### Plan And Research Before You Arrive

Once you know what country you'll be visiting, it's time to do some research.

- How relatively dangerous is the country?
- State Department websites offer valuable public information. Write down embassy numbers, consulate numbers, and other important information.
- Spend 30 minutes researching the individuals and agencies who might be able to help you.

### Assembling An E&E Kit For Travel Abroad

Your kit must be able to travel the world and should include...

- Cash (in local currency)
- A tactical pen
- A large metal flashlight
- Escape and evasion belt (like a money belt) with hidden compartment(s)
- Universal, concealable handcuff key(s)
- Paracord (as laces, a bracelet, etc.)
- Antibiotics
- International cell phone
- GPS beacon

### Concealing Your E&E Gear

Consider carrying multiple, redundant kits. Concealment locations/methods include...

- In your belt
- In a travel wallet
- In your pack
- Inside your pants/in the crotch area
- Taped inside a fake "injury" to your fingers/hand

### Becoming The "Gray Man" Abroad

Blending in is critical so you don't become a target for kidnapping, crime, or scams.

- Do some Internet research, including a Google image search, to find out what people wear in that country. Dress to blend in.
- Avoid logos, slogans, and other indicators that you are American.
- Dress as boring and plain as possible.
- Tone down your behavior and be quiet and unassuming.

### Escaping Immediate Danger

When under threat, you must get out of the immediate area of danger.

- It helps to make friends ahead of time. Be super nice in your hotel, in local restaurants, etc. Tip well, be chatty, and cultivate relationships so you have people to whom you can turn for help.
- Movement saves lives. Don't stand still.
- Carry a tactical pen and a flashlight.
- Look for entrances and exits in every area you occupy.
- Keep your head up, your "weapon" ready, and stay aware.

### Getting To Safety

Avoid your own hotel until you know you aren't being followed.

- Go to a different hotel where you are unknown. Use cash to check in if needed.
- Run a surveillance detection route.
- Never just run in a straight line or you could lead your pursuers to you.