



Appendix Carry Hacks

with Jeff Anderson for www.ModernCombatAndSurvival.com

1. Use A Holster With An Adjustable Cant or a Reverse Cant

Alternatively, use a holster specifically designed for comfortable appendix carry.

- Standard hip holsters, when carried in appendix position, require you to lift your right shoulder up higher to get a secure grip.
- You don't want to grab the gun at an angle.
- Jeff uses [Alien Gear](#) for appendix carry.

2. Make Sure The Holster Isn't Flexible

Although the Alien Gear specifically is a *different* material that provides some of the same benefits, you should prefer Kydex over, say, leather (and especially flexible Nylon).

- The point is that you want your holster to be rigid for appendix carry.
- Your holster will be moved/manipulated more in the appendix position. This will degrade leather over time.
- Excessive holster wear leads to negligent discharges as material touches the trigger.
- A rigid holster, like Kydex, doesn't have this issue with wear. It won't touch the trigger.

3. Use A “REAL” Gun Belt

You want a thick, strong belt, preferably with a spring steel core.

- Appendix position is the widest gap in your pant loops. You don't want your belt to come up with your holster.

4. Shift Your Buckle Over By 1 Section

By shifting your buckle to the 11 o'clock position, you prevent it from protruding.

- This helps you to carry more concealed.

5. Consider A Foam Rubber Wedge

This brings the grip of the gun closer to your body. Very helpful for those with larger guts.

- The wedge goes on the base of the holster and moves the muzzle away from the body so the grip is closer to you.
- You can buy these [online](#).

6. Consider Going Sub-Compact

While appendix carry makes bigger guns more concealable, it makes small guns even more comfortable and concealable.

7. If You're Worried About Your “Junk”...

- You could carry without a round in the chamber, but we don't recommend that.
- Train to keep your finger off the trigger until the gun has cleared.

8. Consider Carrying A Revolver

If you're still worried about “shooting your junk,” the double-action pull on a revolver is safer. You do sacrifice round count, of course.

9. Consider A DAO Pistol

A Double Action Only pistol gives you more firepower, but the same added safety margin as a revolver, because the trigger pull is longer and harder.

10. What About Kydex Trigger Guards?

This is a minimalist “holster” made by several companies that simply [protects the trigger guard](#) and trigger to keep both inaccessible until the gun reaches the length of the lanyard.

Prepare. Train. Survive.