

Episode #337 Show Notes 10 Commandments Of Concealed Carry

THIS WEEK'S TRAINER



JEFF ANDERSON

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Jeff Anderson spent ten years in light infantry in the military and is a combat war veteran. Most of Jeff's military service was spent with

the 10th Mountain Division – an elite light infantry force of highly trained warriors specially trained for warfare under all conditions – arctic, jungle, desert, mountains, urban terrain – you name it.

After 10 years of military training in additional elite infantry units around the world, Jeff began working as a security consultant and executive protection specialist for private clients and the entertainment industry, eventually earning his industry recognized Certified Protection Professional (CPP) designation. Later, he went on to instruct hand-to-hand combat and weapons combat and eventually organized a unique combatives association focused on all areas of survival, called The International Society Of Close Quarter Combatants (www.ISCQC.org).

Jeff's work has been published in several magazines and expert blogs and his manuals and survival combat training DVDs have long been best-sellers. As the Editor in Chief of Modern Combat & Survival, a publication of the ISCQC that provided focused training strategies for all areas of survival for men and women of all walks of life, Jeff determined the next step: the lifestyle brand *Warrior Life*. To learn more about *Warrior Life* and the way of life it promotes, <u>visit us online</u>.

This Week's Video





EPISODE 337 – 10 Commandments Of Concealed Carry



10 Commandments Of Concealed Carry

with Jeff Anderson from https://www.WarriorLife.com/

1. Carry Everywhere (Even At Home)

- There are so many options to accommodate your clothing.
- There's no need to run to the gun safe in a home invasion if your gun is already on you.

2. Don't Print!

- Gun owners with CCW licenses have been attacked by would-be heroes who saw their guns and thought they were "active shooters."
- You may even be required by law to keep your concealed gun concealed.

3. Have A Flashlight

- 80% of attacks happen in low light.
- Flashlights help you deter, detect, and legally identify your target. They may also help you defend and can be used for both striking and blinding/distracting.

4. Know A Few Hand-To-Hand Moves

- Most attacks happen within 9 feet, as ambushes or escalation of arguments.
- You may have to fight TO your gun.

5. Learn To Shoot With Both Eyes Open

• You're going to do this anyway, so train to do it in real life.

6. Have A High-Visibility Tritium Front Sight (Ameriglo)

- You need to be able to see your front sight in low light.
- As an open eye shooter, my focus is on the attacker, not my sights, but a good front sight and a tiny degree of practice means you can see both.

7. Keep A Round In The Chamber

• Attacks happen in the "bad breath zone." Don't think you're going to have time to rack the slide at that distance.

8. Load Expanding Ammunition

- It will take more than one round to stop an attacker intent on doing you harm.
- Your goal is to do as much damage as possible with however many rounds you have at your disposable.
- Remember, you're legally responsible for every round you fire. FMJ bullets are more likely to pass through an attacker.

9. Have First Aid Gear On You

• If you or a loved one are wounded, you need at least a tourniquet, a pressure dressing, and basic first aid skills to survive.

10. Practice Dry Fire At Home

 Most shooters don't, but this is more realistic and fun than live fire. Learn more at <u>PraxisClass.com</u>.



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